

INTEGRA

Integra 2004/05
Summary of Operations
YEAR ENDED MARCH 31, 2005

Revenue

Ministry of Children and Youth Services Grant	\$1,434,414
Other Revenue*	667,158
Total Revenue	\$2,101,572

Expenditures

Salaries & Employee Benefits	\$918,868
Rent, Utilities & Taxes	181,824
Camp Towhee Program	675,729
Other Expenses	272,235
Total Expenditures	\$2,048,656

Fund Balances

General Fund	\$426,849
Board Designated Funds	68,097
Alex Drdul Special Projects Fund	69,793
Susan Sorokin Memorial Fund	17,268
Total	\$582,007

*grants, fees, donations etc.

Audited financial statements are available on request.



Integra is funded by the Ministry of Children and Youth Services.



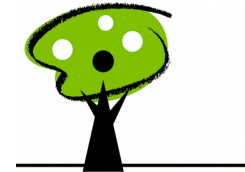
Integra is an accredited member of Children's Mental Health Ontario.

Improving the lives of children and youth with learning disabilities.

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INTEGRA

INTEGRA ANNUAL REPORT – 2004/05
June 8, 2005

Introduction

This has been a year of great success in the accomplishment of strategic goals established by the Board of Directors and staff of Integra in May 2003. Our three strategic goals, **1) to integrate research and practice; 2) to increase Integra's public presence; and 3) to ensure financial viability and long term growth**, are an inspiration and a compass as we strive to support vulnerable children and youth with learning disabilities.

The **integration of research and practice** is a core value and primary direction for Integra. Integra's dynamic staff has created a unique synergy, informing and driving our efforts to improve outcomes for vulnerable children and youth with learning disabilities. Programs of early intervention, community outreach and group treatment have all been the focus of new efforts to measure, evaluate and inform our services in children's mental health and the field of learning disabilities. The recently launched Integra Assessment Service offers best practices in psychological assessment - a much needed addition to our services. Thoughtful reflection, research based initiatives and an active program of research result in a high quality of service excellence. The key to this success is an exceptionally skillful and compassionate staff whose work is further informed by the wisdom of clinical experience.

Efforts aimed at **increasing Integra's public presence** have also met with enormous success during 2004/2005. In the past year Integra's mission statement has been renewed, our new logo and tag line launched and an information/public relations video telling Integra's story, have been created and acclaimed. It is notable and gratifying that the latter two efforts were developed and executed through the generosity of Integra's benefactors. Further, the Ontario Trillium Foundation recently announced a grant that will assist the agency with a public education campaign about Integra and the relationship of learning disabilities and the mental health of children and families.

Integra's third strategic direction is **to ensure financial viability and long term growth**. We have been successful, in the past year, in generating an overall 8% increase in revenue from all revenue sources. Our budget exceeded 2 Million Dollars for the first time in 2005. Camp Towhee fees, along with the generous support of donors, ensured the availability of subsidies and a successful summer in which no child was deprived of this wonderful opportunity. Additional new revenues have been generated through our newly launched assessment service, offering psychological assessments on a fee for service basis. Grant funding has been awarded by the Ontario Trillium Foundation for a communications initiative that will help the public understand the challenges associated with learning disabilities and Integra's role in responding to those challenges.

A grant from the CIBC World Markets Children's Miracle Foundation will assist with service delivery and research related to group treatment. We also met with success in bringing in additional government funding. A pilot project, funded by the Ministry of Children and Youth Services was

implemented between January and March 2005. This initiative delivered Integra's expertise on the psychosocial issues related to learning disabilities and the children and youth who are at-risk in academic, community and social settings. We are hopeful that the service and partnerships initiated earlier this year will be sustained by government.

These strategic efforts have resulted in increased service and excellence in improving the lives of children and youth with learning disabilities.

Clinical Service

Three hundred and fifty nine children, youth and their families participated in Integra's clinical service during the past year. One hundred and fifty eight new clients and families entered service and one hundred and eighty one left service. Children and their families received individual, family and group treatment from Integra's compassionate and skilled team of child and family therapists. The team engages in these efforts with a powerful sense of purpose, commitment and critical thinking. Clinical consultation, study groups, conference attendance and extensive scholarly reading are activities that characterize and enrich clinical service at Integra. We are pleased to note that Integra will be initiating an Advanced Practice Certificate program along with the University of Toronto's Faculty of Social Work and our colleagues at the Hincks Dellcrest Centre. This will be offered to experienced clinicians at the post Master's degree level.

Camp Towhee

In 2004 one hundred and one children and youth had the opportunity to attend Camp Towhee. They benefited from the superb support of our camp leadership and staff, a group that hunkers down each summer to ensure an outstanding experience for campers. The words of our campers convey the benefits of this experience more eloquently than the facts and figures. We offer those words from our 2004 camper evaluations: *"Camp Towhee taught me a lot about myself and how to understand others. When to talk in front of others and when the time is right to speak. I learned a lot about leadership and how to work with other people."* *"Before I was down but camp picked me up. I got to cry at camp and show my anger. My strength and ability to work with others increased. I love Towhee. I'd go back next year and the staff was outstanding."* Camp Towhee gives children and teens a powerful sense of hope and belonging, new skills and rich experiences.

Reaching Out to the Community

This year Community Consultation activities extended further with more impact than ever. Our workshops, consultation and co-leadership of group programs in the community have cultivated a broader understanding of the population we serve. Thousands of participants benefit annually from these services. Our partnerships with community and academic institutions brought Integra's support and expertise to myriad organizations, including Toronto District School Board, Toronto Catholic District School Board, Regent Park Transitions Project, Dixon Hall Community Centre, Toronto Kiwanis Boys and Girls Clubs, Turning Point Youth Services and Midaynta, Association of Somali Service Agencies. The generous support of TD Securities, as well as new funding from the Ministry of Children and Youth Services, charitable donors and the Social Sciences and Humanities Research Council allow us to evaluate the efficacy of school-based intervention that incorporates individual, social and environmental factors, to improve the adjustment of students with learning disabilities. We will contribute to the field's knowledge about the adjustment of students with learning disabilities and the effects of an innovative community intervention. This information will be disseminated to teachers, school administrators, parents and others, who work directly with children and to policymakers.

Research and Psychology

Integra's primary strategic direction is to develop better, highly specialized programs of service through integrating research and practice. As we endeavour to do so we are mindful that the integration of clinical disciplines, for example psychology and social work, is another imperative in

ensuring best practice. We are pleased to have recently launched the Integra Assessment Service. This service brings a psychological assessment capacity to Integra's services, and through a mix of subsidies and fees for service, allows Integra to be more responsive to the community we serve. Through pilot funding from the Ministry of Children and Youth Services we were able to subsidize assessments to high risk youth in the community. A clinician from a partner agency, whose client was assessed, commented, *"I believe that ongoing availability of this testing could rescue many young people from a life of frustration, misdiagnosis, legal involvement, and family breakdown."*

Our program of research focusing on non verbal learning disabilities will be an important feature in the significant From Research into Practice Conference scheduled in November 2005. Integra spearheaded this conference and is proud to participate in presenting cutting edge scholarship and clinical practice to the Toronto community. This research, conducted with younger children aged six to eight, has formed the foundation of a program for early intervention. By extending the age range that Integra services to six years, we are able to service children as they enter Grade 1, as many of their difficulties become evident. We expect this type of early intervention to help prevent social, emotional, and behavioural difficulties that would otherwise later develop. It would also target the self-esteem, confidence and relationships of these children. We will carefully track and evaluate this effort.

Looking Ahead

Integra has grown in size, quality, vitality and stature. Our clients, staff and board are justly proud to be a part of something special. We have worked very hard to achieve a momentum which will sustain this organization and its mission. Momentum is crucial as we will not make a difference by sitting still; by being static. And it is that dynamic sense of Integra, of its clinical services and Camp Towhee, its research, its outreach, and its governance that bodes well for the future. We have not arrived..... one never does, but we have travelled far in developing responsive, effective services that change lives and enrich our community. Integra staff members bring to their work a remarkable dedication, experience, skill and a willingness to challenge and be challenged. These are priceless qualities that contribute powerfully to our vitality.

In the final analysis Integra is about its people. Our shared mission and partnership in meeting the needs and best interests of children and youth with learning disabilities, brings out the best in our proponents. Our remarkable success in achieving strategic goals can be attributed to an outstanding Board of Directors that is simply determined to make things happen. They bring a strong measure of wisdom, critical thinking, enthusiasm and generosity to their leadership. It is fitting that the Board of Directors has embarked on a development campaign seeking major gifts dedicated to building Integra's future. We salute your efforts, your leadership and your vision.



Barbara Peltz
President, Board of Directors
Executive Committee

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Joanne Kates	Past President
Michael Harris	Vice President
Neil Petroff	Treasurer
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Richard L. Cummings, Ph.D.
Executive Director
Senior Staff

Richard L. Cummings, Ph.D.	Executive Director
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Barbara Muskat, M.S.W.	Director, Community Consultation
Jamie Metsala, Ph.D., C.Psych.	Director of Research & Psychology
Karen Gordon, B.A.	Director of Camp Towhee
Ellen Nichols, B.A., D.C.S.	Director of Development